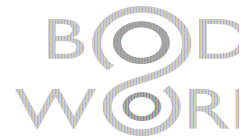


Group Classes

July 31 - August 31



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	6:00am-6:30am Fat Burn Circuit Brittani Frey	6:00am-6:30am Boot Camp Brittani Frey			6:00-6:30am Boot Camp Israel Haas	
	8:00am-8:30am Fat Burn Circuit Brittani Frey	8:00-8:30am Boot Camp Molly Larson	8:00-8:30am Strength Fusion BUILD Lindsay Riebe	8:00-8:45am Tread-N-Shred Molly Larson	8:00-9:00am Sculpt Molly Larson	
			9:00-10:00am Yoga Flow Bridget Akey		9:00-10:00am Power Yoga Bridget Akey	9:30-10:30pm Yoga Sculpt Katie Langer
	12:00-12:30pm Abs and Buns Jess Ogilvie		12:00-12:30pm Abs and Buns Jess Ogilvie			
	4:15-4:45pm HIIT Lindsay Riebe					
	5:00-5:30pm Strength Fusion BUILD Lindsay Riebe	5:30-6:15pm TreadYo Molly Larson	5:30-6:00pm Strength Fusion BUILD Lindsay Riebe			
	6:00-7:00pm Yoga Sculpt Katie Langer					